



**Clive Allsopp BA Hons Dip Mus. A.R.C.M. L.L.C.M (TD)
Practice Routine.**

The first thing to understand is, you only have a learning attention span of 10 to 15 minutes therefore the structure of the routine takes account of this. After 30 minutes it's time to take a break from your instrument.

Learn everything from memory! Firstly, if it is in your memory file you can pull it out to use when you need it. Secondly. Watching yourself playing in front of a mirror you can check that you are keeping all the work kept inside the mouthpiece with the least movement in the muscles around your mouth.

Have a daily lick to fit into all the sections from **B**. To cover all the keys practice using the Dominant Circle.

This is a daily routine each section is 15 minutes.

A. Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

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from JJ Johnson.

B. Scales patterns, diatonic, thirds, fourths, fifths. Major, All Minors, Gypsy minor 9th, Whole-tone

Weekend Days

I. Work trough exercises in the Arban Cornet Book or the Wright and Round Complete Method. Loads more to many to mention

D. Half diminished scale and

ata/Concerto. e stuff out et variation.

Viola pieces to keep the eye in on Alto clef

J. Play bits from anything that takes my fancy from the week.

H. Play a Classical Sonata/Concerto. Lots of good trombone stuff out there. Brass Band Cornet variation. Viola pieces to keep the eye in on Alto clef.

A week without the free time everyday, say a Ski holiday week would look like this.

Sunday

A. Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

B. Scales patterns, diatonic, thirds, fourths, fifths. Major, All Minors, Gypsy minor 9th, Whole-tone

K. Play though the list of tunes for busking.

Monday

A. Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

C. Diminished arpeggios scales and patterns.

K. Play though the list of tunes for busking.

Tuesday

A. Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

D. Half diminished scale and arpeggio patterns.

K. Play though the list of tunes for busking.

Wednesday

A . Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

E. 2-5-1 scale and arpeggio patterns.

K. Play though the list of tunes for busking.

A . Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

F. Dominant 7th scale and arpeggio patterns.

K. Play though the list of tunes for busking.

Thursday

Friday

A . Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

B. Scales patterns, diatonic, thirds, fourths ,fifths. Major, All Minors, Gypsy minor 9th, Whole-tone

Saturday

A . Flexibility warm. Use different slurring exercises to create interest. Use the Louis Maggio system for brass.

C. Diminished arpeggios scales and patterns.

K. Play though the list of tunes for busking.

As you can see the system can be cut to fit the time you have available to play your instrument. Any questions or a chat on Zoom or a Zoom lesson Email... clivetheslide@gmail.com # Mobile 07967755158.